

TRANSLATING EUROPEAN COMMISSION-FUNDED RESEARCH INTO OBESITY POLICY

Obesity is an adiposity-based chronic disease (ABCD). It requires coordinated, evidence-informed policy across prevention, diagnosis, and care.

EASO plays a pivotal role as a dissemination partner and in shaping the strategic direction and policy development within various EU-funded research projects, including Horizon Europe initiatives.

Bridging European Research and EU Policy

EASO facilitates structured dialogue between researchers, clinicians, and policymakers, ensuring that obesity-related findings across European Commission-funded projects:

- Align with EU health and prevention priorities
- Support cross-sectoral policy coordination
- Inform evidence-based communication and implementation
- Strengthen the recognition of obesity as a chronic disease

To discuss how obesity research projects can inform coherent EU obesity policy and implementation, contact the EASO Secretariat www.easo.org/about-easo/contact-easo



BETTER4U

BETTER4U is an EU-funded project that aims to develop, evaluate, and promote evidence-based and sustainable personalized lifestyle interventions incorporating AI recommendations to prevent and address obesity.



OBCT

OBCT aims to investigate the complex, dynamic interplay between biological, sociocultural and environmental risk factors of obesity across the life course in Europe. It will then provide knowledge, maps and tools for health professionals, researchers, policymakers and the public to support obesity prevention.



PREVENT EU

The EU PREVENT Project is working to identify and overcome barriers to implementing strategies to address childhood obesity and to improve childhood health to reduce cancer risk in adulthood.



STAGE

STAGE, Staying Healthy Through Ageing, focuses on the study of healthy ageing. The project brings together experts to investigate ageing and multi-morbidity—the presence of multiple long-term health conditions—using extensive health data collected over lifetimes. The key aim of the project is to understand how to prevent these complex health issues.



SPOTLIGHT

SPOTLIGHT stands for sustainable prevention of obesity through integrated strategies. It is funded by the European Commission through its seventh Framework programme.



BIO-STREAMS

BIO-STREAMS focuses on addressing childhood and adolescent obesity through better use of real-world health data. The project will create a dedicated biobank, develop AI-driven tools, and run school and clinical pilots to support early diagnosis, self-management, and policy development.



TIMESPAN

EASO is pleased to be part of a consortium of 18 partners across the world in announcing TIMESPAN - an innovative approach to management of ADHD using Real-World Data.



European Association for the Study of Obesity

European Association for the Study of Obesity (EASO) is a federation of professional membership associations from 40 European countries. It is the voice of the European obesity community, promoting action through collaboration in advocacy, communication, education and research. Our members enjoy extensive EASO member benefits.

Scan for more info

